Key Strategies for Managing Vascular Complications due to CAHA
Warm compress
Vigorous massage and warm compress
Aspirin 300mg initially, then 75mg daily
5ml Saline +/- lidocaine
Hyaluronidase 600iu superficial subcutaneous plane
Consider oral corticosteroids with a tapering regime e.g. 60/40/40/20/20/10/10/5/5
Consider topical GTN
Consider sildenafil 50mg once daily for 3-7 days
Consider antibiotics and/or antivirals for 5-7 days
Consider hyperbaric oxygen
Daily review until improvement with concise wound care instructions