Supplemental Digital Content 6

ANCOVA Results of Personalized Outcome Measures

**Table S6.** Estimated coefficients and confidence intervals of one-way analyses of covariance between the intervention (*n*=60) and control group (*n*=61) at post-test and follow-up, on mean perceived progress as compared to previous time point on personally prioritized areas of functioning and self-management as indicated at baseline, adjusted for baseline covariates.

|  |  |  |
| --- | --- | --- |
| Outcome variable | *b* | 95% CI |
| Progress on priorities of functioning at post-test | 0.46 | 0.07 to 0.85 |
| Progress on priorities of self-management at post-test | 0.55 | 0.16 to 0.95 |
| Progress on priorities of functioning at follow-up | 0.59 | 0.16 to 1.02 |
| Progress on priorities of self-management at follow-up | 0.02 | -0.48 to 0.53 |

*Notes.* *b*=Parameter Estimate; CI=Confidence Interval. All analyses were adjusted for baseline covariates age and sex, as well as for whether participants completed all measurements digitally versus any time point on paper.