

Appendix A

Semi-Structured interview questionnaire

1. Tell us about how you work with older adults in this setting and your particular role.
2. Description of project: Do you have any questions about this project?
3. Overall sample description
4. Have you ever noticed residents walking in patterns? If so, what made you notice?
 Prompt: What were the characteristics of these patterns?
5. This is a mobility pattern in a long-term care facility– what characteristics do you notice about this pattern?
 Prompt: What do you think this resident is doing?
 Prompt: Would you be concerned if you saw this pattern on your unit?
6. Repeat two more case scenarios.
7. In general, what would changes in mobility patterns mean to you?
8. Prompt: How would you respond if you identified resident changes in mobility patterns?
 Prompt: Would you be able to report this to someone else or a team? Who? How would the team work together?
 Prompt: How would they respond?
 Prompt: Would you ask leadership for assistance?
9. What are some other changes you noticed before someone became obviously ill?
 Prompt: changes like the ability to dress, transfer, confusion, hard to understand directions
 Behavioral, tendency to get agitated, go places they don't belong
 What about activity level changes? Do they walk less or more? Do they have less endurance?
10. Case study of ADL decline. What do you think could be going on here?
11. Repeat for additional case scenario.
12. How would you respond to these changes in activity?
 Prompt: Would you be able to report this to someone else or a team? Who? How would the team work together?
 How would they respond?
 Would you ask leadership for assistance?
13. Additional prompts/questions if no discussion- including how these changes would be noted/measured and if there is time for this.
 Prompt: Any additional thoughts, questions?
14. Brief overview of preliminary study findings. END