**The following resources are not exhaustive and provide a starting point for health equity exploration. We encourage further exploration beyond the resources listed below.**

Equity and Inclusion resources

Supplemental resources to understand racism and bias and improve health equity outcomes

**Podcasts:**

* Scene on Radio: Seeing White Series Podcast
* 1619 (NY Times Podcast)
* Code Switch with Shereen Marisol Meraji and Gene Demby (NPR)
* Terrible, Thanks for Asking with Nora McInerny (Specifically the episode “Come meet Drayden” from 09/08/2020 for a real family’s experience with health inequity
* [Intent vs Impact: The Role of Simulation in Anti-Racism and Health Equit](https://podcasts.google.com/feed/aHR0cHM6Ly93d3cuc3ByZWFrZXIuY29tL3Nob3cvNDU0MDE1My9lcGlzb2Rlcy9mZWVk/episode/aHR0cHM6Ly9hcGkuc3ByZWFrZXIuY29tL2VwaXNvZGUvNDI1NTMxODg?hl=en&ved=2ahUKEwif1bK_zoDwAhWVLs0KHXs7DQMQjrkEegQIBhAI&ep=6)y (Children’s Minnesota, Talking Pediatrics Episode)

**Short Videos:**

* TED Talk: [“The Danger of a Single Story”](https://www.youtube.com/watch?v=D9Ihs241zeghttps://www.youtube.com/watch?v=D9Ihs241zeg) by Chimamanda Adichie. The danger of a single story | Chimamanda Ngozi Adichie - YouTube
* TED Talk: [“How to deconstruct racism, one headline at a time”](https://www.youtube.com/watch?v=RZgkjEdMbSw) by Baratunde Thurston
* [“How to talk to kids about race”](https://www.youtube.com/watch?v=QNEKbVq_ou4) by The Atlantic
* [“Why “I’m not racist” is only half the story”](https://www.youtube.com/watch?v=kzLT54QjclA) by Robin DiAngelo
* [“How Racism Makes Us Sick”](https://www.ted.com/talks/david_r_williams_how_racism_makes_us_sick?language=en) by David R. Williams

**Films/Documentaries:**

* [Jim Crow of the North](https://www.youtube.com/watch?v=XWQfDbbQv9E) by PBS
* [13th](https://www.youtube.com/watch?v=krfcq5pF8u8) by Ava DuVernay
* [I am Not Your Negro: Race, Identity, and Baldwin Raoul Peck](https://www.youtube.com/watch?v=GBmZ68pxJiU)

**Journal/Workbooks/Activities:**

* “Me and White Supremacy” by Layla Saad
* “Be Antracist: A journal for awareness, reflection, and action” by Ibram X. Kendi
* [21 Day Racial Equity Habit Building Challenge](https://21daychallenge.prohabits.com/start)

**Books:**

* Alexander, Michelle. The New Jim Crow: Mass Incarceration in the Age of Colorblindness. New York: The New Press, 2010.
* Ansell, David.A. (2017). The Death Gap: How Inequality Kills. Chicago, IL: University of Chicago Press.
* Barker, Meg-John & Scheele, Julia. Queer: A Graphic History. Icon Books, 2016.
* Battalora, Jacqueline. Birth of a White Nation: The Invention of White People and its Relevance Today. Houston, TX: Strategic Book Publishing & Rights Agency, 2013.
* Bradley, Elizabeth & Taylor, Lauren. The American Health Care Paradox. Philadelphia, PA: Perseus Books Group, 2013.
* Braun, Lundy. Breathing Race into the Machine. Minneapolis, MN: University of Minnesota Press, 2014.
* Coates, Ta-Nehisi. Between the World and Me. New York, NY: Spiegel & Grau, 2015.
* DiAngelo, Robin. White Fragility: Why it’s So Hard for White People to Talk About Racism. Boston, MA: Beacon Press, 2018. (Read in Jan-Feb 2020)
* Dyson, Michael Eric. Tears We Cannot Stop. A Sermon to White America. New York: St. Martin’s Press, 2017.
* Gurr, Barbara. Reproductive Justice: The Politics of Health Care for Native American Women. New Brunswick, NJ: Rutgers University Press, 2015.
* Hoberman, John. Black & Blue: The Origins and Consequences of Medical Racism. Berkeley, CA: University of California Press, 2012.
* Irving, Debby. Waking up White and Finding Myself in the Story of Race. Cambridge, MA: Elephant Room Press, 2014.
* Jones, Saeed. How We Fight for Our Lives: A Memoir. Simon & Schuster, 2019.
* Kendi, Ibram X. Stamped from the Beginning: The Definitive History of Racist Ideas in America. New York, NY: Nation Books, 2016.
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* Rothenburg, Paula. White Privilege: Essential Readings on the other side of racism. New York: Worth Publishing, 2011.
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* Shin, Sun Yung, ed. A Good Time for the Truth: Race in Minnesota. Minnesota Historical Society Press, 2016.
* Steele, Claude. Whistling Vivaldi. New York: W.W. Norton & Company, 2010.
* Tatum, Beverly Daniel. Why Are All the Black Kids Sitting Together in the Cafeteria? Basic Books, 2003.
* Tweedy, D. Black Man in a White Coat. A Doctor’s Reflections on Race and Medicine. New York: Picador, 2015.
* Wailoo, K. Dying in the City of the Blues. Sickle Cell Anemia and the Politics of Race and Health. Chapel Hill, NC: UNC Press, 2001.
* Washington, Harriet. Medical Apartheid: The Dark History of Medical Experimentation on Black Americans from Colonial Times to Present. New York: Anchor Books, 2006.
* White, A.A. (2011). Seeing Patients: A Surgeon’s Story of Race and Medical Bias. Cambridge, MA: Harvard University Press, 2011.
* Wilkerson, Isabel. The Warmth of Other Suns: The Epic Story of America’s Great Migration. New York, NY: Vintage Books, 2010.
* Wise, Time. White Like Me. City Lights, 2010.