



**Assessed for eligibility (n=190)**

Excluded without Informed Consent (n=62)

- Not meeting the inclusion criteria (n=14)

- Declined participation (n=48) 1

**Informed Consent (n=128)**

Excluded prior to randomization (n=22)

- No follow-up of questionnaires (n=11) 2

- No bowel continuity (n=9) 3

- Oncological reasons (n=1)

- Other medical reason (n=1)



**Randomized (n=106)**



**Control group (n=55)**

- Received care as usual (n=49)
- Did not receive care as usual (n=2) 5

**PFR group (n=51)**

- Received PFR (n=36)
- No PFR conform protocol (n=8) 4

Dropouts (n=7)

- Oncological reasons (n=3)

- Other medical reasons (n=2)

- Psychological distress, not PFR related (n=1)

- Refusal of invasive PFR (n=1)

Dropouts (n=4)

- Personal or family related reasons (n=3)

- Non-oncological medical reasons (n=1)





**Control group**

**(n=55 of which 51 completed follow-up)**

**PFR group
(n=51 of which 44 completed follow-up)**

1. Reasons were: no need for rehabilitation (11x), too time consuming (10x), emotional/post-cancer distress related reasons (7x), resistance for participation in scientific studies (6x), resistance to PFR (4x), physical reasons (i.e. blindness/poor condition, 4x), no reason (6x).

2. Reasons were: emotional/post-cancer distress related reasons (6x), medical reason (not oncological, 1x), fast cognitive decline (1x), wish for PFR regardless of the randomization outcome (1x), no reason (2x).

3. Reasons were: preoperative inclusion but change of surgery plan (1x), definitive stoma due to postoperative complications or a strong desire to keep the stoma without any perspective to closure (8x).

4. Reasons were: Did not start PFR: emotional/post-cancer distress related (2x), unknown (1x). Received PFR but with serious protocol deviations (n=5). None were lost to follow-up

5. Reason was: wish to participate in pelvic floor rehabilitation because of a high level of complaints (2x). None were lost to follow-up.