**Supplemental Content 1.** RESET BP workplace environment questionnaire.

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| *Please identify if the following physical characteristics are present at your workplace (circle one).* |
|  |  | YES | NO | I DON’T KNOW |
|  | Your workplace has a common area or lunchroom that you can use  | 0 | 1 | 2 |
|  |
|  |
| 1. Which option best describes your work desk environment? *(circle one)*
 |
|  | Public (e.g., cubicle, open space) 1 |
|  | Private (e.g., enclosed, not shared) 2 |
|  | Semi-private (e.g., enclosed, shared) 3 |
|  | I don’t know 4 |
|  |
| 1. What type of printer do you use most frequently at work? *(circle one)*
 |
|  | Personal printer 1 |
|  | Shared printer 2 |
|  | No printer 3 |
|  | I don’t know 4 |
|  |
| 1. Which best describes the trash bin you use most frequently at work? *(circle one)*
 |
|  | Personal trash bin (at my desk) 1 |
|  | Shared trash bin (away from my desk) 2 |
|  | I don’t know 3 |
|  |
| 1. Where is the restroom, that you most frequently use, located? *(circle one)*
 |
|  | It’s on my floor 1 |
|  | It’s on a different floor 2 |
|  | We don’t have one 3 |
|  | I have to leave the building 4 |
|  | I don’t know 5 |
|  |
| 1. Which best describes your options when travelling to a different floor of your building? *(circle one)*
 |
|  | Taking the stairs is the most convenient option 1 |
|  | Taking the elevator is the most convenient option 2 |
|  | I do not change floors at work 3 |
|  | I don’t know 4 |
|  |
| 1. Which option best describes the stairwell(s) at your workplace? *(circle one)*
 |
|  | Attractive (bright, open, safe, no utility pipes visible, etc 1 |
|  | Unattractive (dark, enclosed, unsafe, utility pipes visible, etc.) 2 |
|  | No stairwells (N/A) 3 |
|  | I don’t know 4 |
|  |
| 1. Which option best describes the stairwell location at your workplace? *(circle one)*
 |
|  | I am able to see the stairwell from the entrance of my building 1 |
|  | I am not able to see the stairwell from the entrance of my building 2 |
|  | I don’t know 3 |
|  |
| *Please identify how strongly you agree or disagree with the following statements.(circle one for each statement)* |
|  |  | Strongly disagree | Somewhat disagree | Neither agree or disagree | Somewhat agree | Strongly agree |
|  | My supervisor/administration is supportive of movement breaks and standing during work.  | 1 | 2 | 3 | 4 | 5 |
|  | I often have face-to-face interaction with others at work.  | 1 | 2 | 3 | 4 | 5 |
|  | I have friends at work that I socialize with during work hours.  | 1 | 2 | 3 | 4 | 5 |
|  | I have friends at work that I socialize with outside of work hours.  | 1 | 2 | 3 | 4 | 5 |

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| 1. **WORKSITE EVALUATION LOCATION** □ HOME □ OFFICE
	* + **Hybrid Work Location Status** □ YES □ NO □ Unclear
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