**Supplemental Content 1.** RESET BP workplace environment questionnaire.

|  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| *Please identify if the following physical characteristics are present at your workplace (circle one).* | | | | | | | | | | | | |
|  | |  | | | | | YES | | NO | | I DON’T KNOW | |
|  | | Your workplace has a common area or lunchroom that you can use | | | | | 0 | | 1 | | 2 | |
|  | | | | | | | | | | | | |
|  | | | | | | | | | | | | |
| 1. Which option best describes your work desk environment? *(circle one)* | | | | | | | | | | | | |
|  | | | Public (e.g., cubicle, open space) 1 | | | | | | | | | |
|  | | | Private (e.g., enclosed, not shared) 2 | | | | | | | | | |
|  | | | Semi-private (e.g., enclosed, shared) 3 | | | | | | | | | |
|  | | | I don’t know 4 | | | | | | | | | |
|  | | | | | | | | | | | | |
| 1. What type of printer do you use most frequently at work? *(circle one)* | | | | | | | | | | | | |
|  | | | Personal printer 1 | | | | | | | | | |
|  | | | Shared printer 2 | | | | | | | | | |
|  | | | No printer 3 | | | | | | | | | |
|  | | | I don’t know 4 | | | | | | | | | |
|  | | | | | | | | | | | | |
| 1. Which best describes the trash bin you use most frequently at work? *(circle one)* | | | | | | | | | | | | |
|  | | | Personal trash bin (at my desk) 1 | | | | | | | | | |
|  | | | Shared trash bin (away from my desk) 2 | | | | | | | | | |
|  | | | I don’t know 3 | | | | | | | | | |
|  | | | | | | | | | | | | |
| 1. Where is the restroom, that you most frequently use, located? *(circle one)* | | | | | | | | | | | | |
|  | | | It’s on my floor 1 | | | | | | | | | |
|  | | | It’s on a different floor 2 | | | | | | | | | |
|  | | | We don’t have one 3 | | | | | | | | | |
|  | | | I have to leave the building 4 | | | | | | | | | |
|  | | | I don’t know 5 | | | | | | | | | |
|  | | | | | | | | | | | | |
| 1. Which best describes your options when travelling to a different floor of your building?  *(circle one)* | | | | | | | | | | | | |
|  | | | Taking the stairs is the most convenient option 1 | | | | | | | | | |
|  | | | Taking the elevator is the most convenient option 2 | | | | | | | | | |
|  | | | I do not change floors at work 3 | | | | | | | | | |
|  | | | I don’t know 4 | | | | | | | | | |
|  | | | | | | | | | | | | |
| 1. Which option best describes the stairwell(s) at your workplace? *(circle one)* | | | | | | | | | | | | |
|  | | | Attractive (bright, open, safe, no utility pipes visible, etc 1 | | | | | | | | | |
|  | | | Unattractive (dark, enclosed, unsafe, utility pipes visible, etc.) 2 | | | | | | | | | |
|  | | | No stairwells (N/A) 3 | | | | | | | | | |
|  | | | I don’t know 4 | | | | | | | | | |
|  | | | | | | | | | | | | |
| 1. Which option best describes the stairwell location at your workplace? *(circle one)* | | | | | | | | | | | | |
|  | | | I am able to see the stairwell from the entrance of my building 1 | | | | | | | | | |
|  | | | I am not able to see the stairwell from the entrance of my building 2 | | | | | | | | | |
|  | | | I don’t know 3 | | | | | | | | | |
|  | | | | | | | | | | |
| *Please identify how strongly you agree or disagree with the following statements. (circle one for each statement)* | | | | | | | | | | |
|  | |  | Strongly disagree | Somewhat disagree | Neither agree or disagree | | Somewhat agree | | Strongly agree | |
|  | | My supervisor/administration is supportive of movement breaks and standing during work. | 1 | 2 | 3 | | 4 | | 5 | |
|  | | I often have face-to-face interaction with others at work. | 1 | 2 | 3 | | 4 | | 5 | |
|  | | I have friends at work that I socialize with during work hours. | 1 | 2 | 3 | | 4 | | 5 | |
|  | | I have friends at work that I socialize with outside of work hours. | 1 | 2 | 3 | | 4 | | 5 | |

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| 1. **WORKSITE EVALUATION LOCATION** □ HOME □ OFFICE    * + **Hybrid Work Location Status** □ YES □ NO □ Unclear |