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| **Supplemental Content 5.** Associations of physical workplace characteristics with steps and sit-to-stand transitions. |
|  | **Steps per workday**  | **Sit-to-stand transitions per workday** |
| **Office type (office)**Private (*n*=94)Semi-private (*n*=37)Public (*n*=49) | Reference45.6±326.8 –48.7±303.7  | Reference–1.5±2.0 3.8±1.9a |
| **Office type (home)**Private (*n*=62)Semi-private (*n*=9)Public (*n*=19) | Reference550.4±371.7 435.8±493.1  | Reference1.3±2.9 2.6±3.8  |
| **Printer location (office)**Personal printer (*n*=38)Shared printer (*n*=141) | Reference–509.3±307.7  | Reference–2.2±1.8  |
| **Printer location (home)**Personal printer (*n*=43)Shared printer (*n*=23)Don’t use printer (*n*=24) | Reference837.5±368.2a315.0±375.4  | Reference–5.7±2.8a4.5±2.9  |
| **Trashcan location (office)**Personal trash (*n*=162)Shared trash (*n*=18) | Reference632.7±429.7  | Reference6.7±2.7a |
| **Trashcan location (home)**Personal trash (*n*=75)Shared trash (*n*=15) | Reference45.0±410.5  | Reference–1.1±3.1  |
| **Restroom location (office)**Same floor (*n*=175)Different floor (*n*=5) | Reference557.9±763.6  | Reference1.1±4.8  |
| **Restroom location (home)**Same floor (*n*=77)Different floor (*n*=13) | Reference386.0±416.6  | Reference0.5±3.2  |
| **Traveling to different floor (office)**Don’t change (*n*=31)Stairs (*n*=88)Elevator (*n*=60) | Reference340.3±351.0 707.1±363.1b | Reference–4.1±2.2b–2.1±2.2  |
| **Traveling to different floor (home)**Don’t change (*n*=26)Stairs (*n*=50)Elevator (*n*=11) | Reference20.9±338.5 537.2±528.7  | Reference0.6±2.5 2.1±3.9  |
| **Stairwell description (office)**No stairwells (*n*=52)Attractive (*n*=103)Unattractive (*n*=19) | Reference–186.7±277.4 –1017.4±441.2a | Reference–1.2±1.7 4.1±2.7  |
| **Stairwell description (home)**No stairwells (*n*=12)Attractive (*n*=67)Unattractive (*n*=10) | Reference–650.3±429.0 –793.4±608.4  | Reference–6.9±3.2a–4.7±4.6  |
| **Stairwell location (office)**Can’t see stairs @ desk (*n*=55)Can see stairs @ desk (*n*=107) | Reference–126.9±278.3  | Reference–2.0±1.6  |
| **Stairwell location (home)**Can’t see stairs @ desk (*n*=30)Can see stairs @ desk (*n*=50) | Reference–194.3±319.7  | Reference–0.03±2.2  |
| **Access to common/break room (office)**No (*n*=32)Yes (*n*=148) | Reference706.8±322.2a | Reference1.2±2.0  |
| **Access to common/break room (home)**No (*n*=12)Yes (*n*=77) | Reference180.7±441.7  | Reference2.3±3.4  |
| **OFFESS subscales (office)**Local connectivity (*n*=179)Overall connectedness (*n*=179) | 120.3±215.6 455.0±212.4a | 0.3±1.4 –0.9±1.3  |
| **OFFESS subscales (home)**Local connectivity (*n*=87)Overall connectedness (*n*=89) | –30.1±301.1 141.5±268.4  | 3.2±2.3 0.7±2.1  |
| Results are reported as adjusted β ± standard error with adjustments for age, body mass index, gender, and work wear time. OFFESS, Office Environment and Sitting Scale; SB, sedentary behavior; SB30, duration of time spent in bouts of sedentary behavior ≥30 minutes; SB60, duration of time spent in bouts of sedentary behavior ≥60 minutes.a Indicates p≤0.05.b Indicates p between 0.05 and 0.10. |