What are the implications of obesity trends among U.S. incident dialysis patients on early waitlisting for kidney transplantation?

Retrospective cohort study



USRDS data (2007-2016)



1,084,816 adult incident dialysis patients



Obesity (BMI ≥ 30 kg/m²) prevalence increased from 31.9 % to 38.2%

Regional variation in obesity prevalence & 1-year waitlisting rates for patients with BMI ≥ 35 kg/m²



Lower 1-year waitlisting with Class 2 & 3 obesity relative to normal BMI, especially among:



- younger adults
- women
- Asian race
- from less disadvantaged neighborhoods

<u>Conclusion</u>: Among U.S. dialysis patients, obesity prevalence is increasing, with adverse implications for early kidney transplant access.

Lavenburg et al. *Transplantation*. 2022



