Supplemental Table Data

|  | Obese |  |  |  |
| :--- | ---: | ---: | ---: | ---: |
| Hypertension | $2008-2010$ | $2010-2012$ | $2012-2014$ | $2014-2016$ |
| Diabetes | $87.6 \%$ | $88.3 \%$ | $88.9 \%$ | $89.1 \%$ |
| Congestive heart failure | $66.3 \%$ | $67.4 \%$ | $68.3 \%$ | $69.2 \%$ |
|  | $35.2 \%$ | $34.4 \%$ | $32.4 \%$ | $31.8 \%$ |


|  | Overweight |  |  |  |
| :--- | ---: | ---: | ---: | ---: |
|  | $2008-2010$ | $2010-2012$ | $2012-2014$ | $2014-2016$ |
| Hypertension | $86.0 \%$ | $87.3 \%$ | $88.0 \%$ | $88.2 \%$ |
| Diabetes | $53.9 \%$ | $55.5 \%$ | $57.0 \%$ | $58.3 \%$ |
| Congestive heart failure | $31.8 \%$ | $30.7 \%$ | $28.9 \%$ | $27.9 \%$ |


|  | Normal |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | :---: |
|  | $2008-2010$ | $2010-2012$ | $2012-2014$ | $2014-2016$ |  |
| Hypertension | $84.5 \%$ | $85.6 \%$ | $86.1 \%$ | $86.2 \%$ |  |
| $\begin{array}{lrrrr}\text { Diabetes }\end{array}$ | $44.0 \%$ | $44.7 \%$ | $46.0 \%$ | $47.4 \%$ |  |
| $\begin{array}{l}\text { Congestive heart } \\ \text { failure }\end{array}$ | $30.3 \%$ | $29.0 \%$ | $27.2 \%$ | $26.1 \%$ |  |
|  |  |  | Underweight |  |  |$]$

Supplemental data show the percentage of hypertension, diabetes, and congestive heart failure in each weight class over the duration of the experiment. Results show that there was not a significant change in any of the comorbidities in any group over the 8-year study period.

